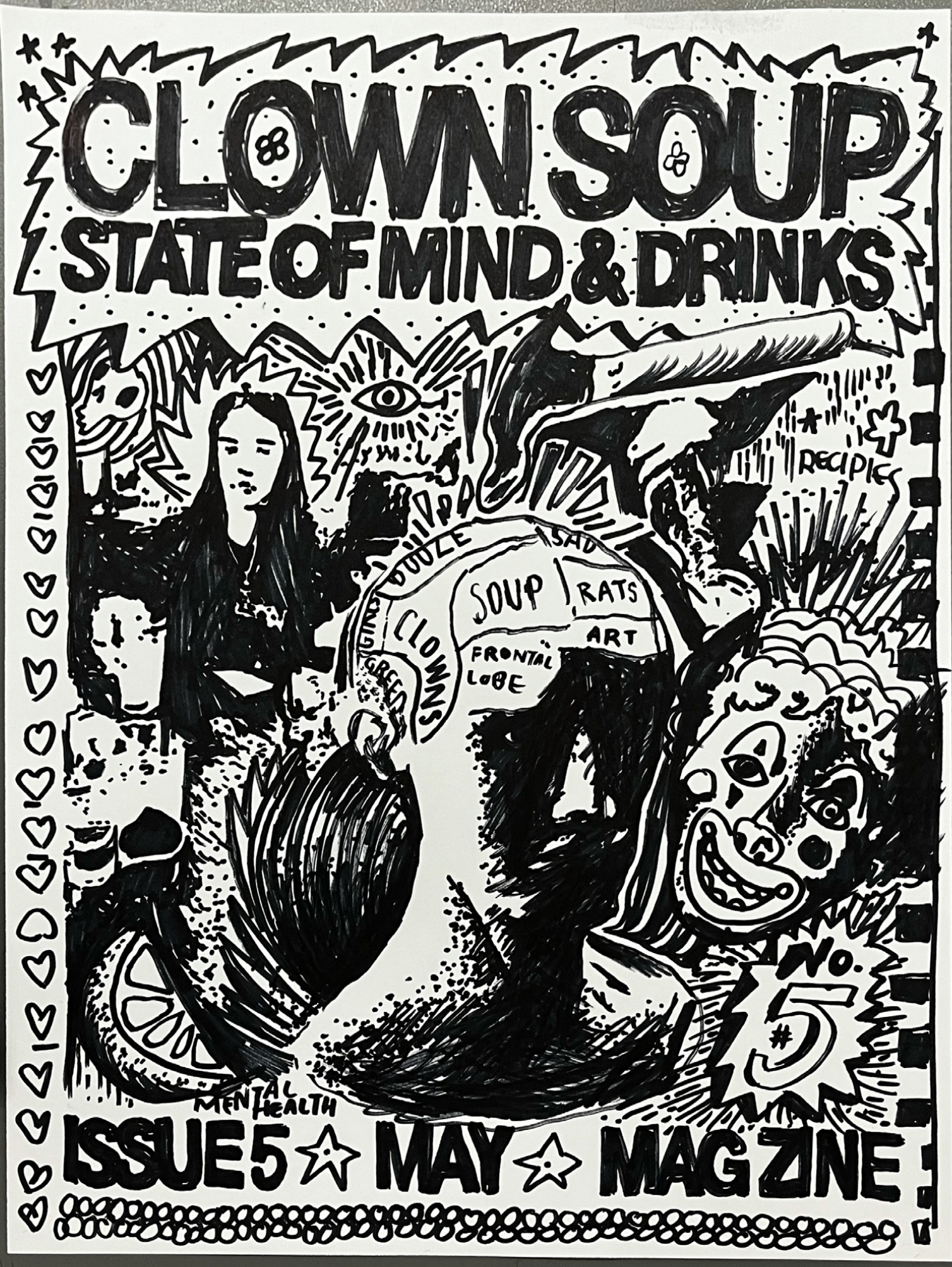

CLOWN SOUP
STATE OF MIND & DRINKS
RECIPIES
BOOZE
SAD
SOUP
RATS
ART
FRONTAL LOBE
CLOWNS
GREED
MENTAL HEALTH
NO. #5
ISSUE 5 ☆ MAY ☆ MAGZINE

LETTER FROM THE EDITOR,

Hey!!!
Hows it going?
Everything okay?
NO? oH jeez
Don't worry, summer is just around the corner so even if shit hits the fan you get to enjoy the warm air and sunshine. I think we've reached a point in our relationship where we understand each other's needs, wants, and expectations. obviously we're here for you and youre here for us, right? we've spent a good amount of time together to get this vulnerable and intimate. I think it's time we take things up a notch. Did you tell your parents about us? I know I did. The theme for this month is state of mind/mental Health may & Drink choices/Recipies. THE perfect combination. MY visual goal this month is DIY as a way to symbolize my mental Health: GETTING IT together with my sheer will power, craftiness, and occasional therapy. Plus, the perfect Do it yourself therapy is drinking yummy Beverages. our clowns have worked very hard on this issue to make sure you have the best viewing experience. ITs not about perfection but the practice of making & Giving that keeps us Going. With the sheer force of our Love of art we are continuing to make the magic happen and to produce clown soup.

As you can notice our issues aren't as punctual as we'd like it to be. But keep in mind even though we are clowns, we're human too. the soup takes time to Brew. Turning the heat on ~~high~~ high doesn't always mean it's gonna cook faster. so no matter what, we will produce the ~~best~~ clown soup for your viewing ~~pleas~~ pleasure.

---

*P.S. I'm Typing this out before I actually put together the mag-zine so lets hope it turns out okay & actually follows my div expectations

---

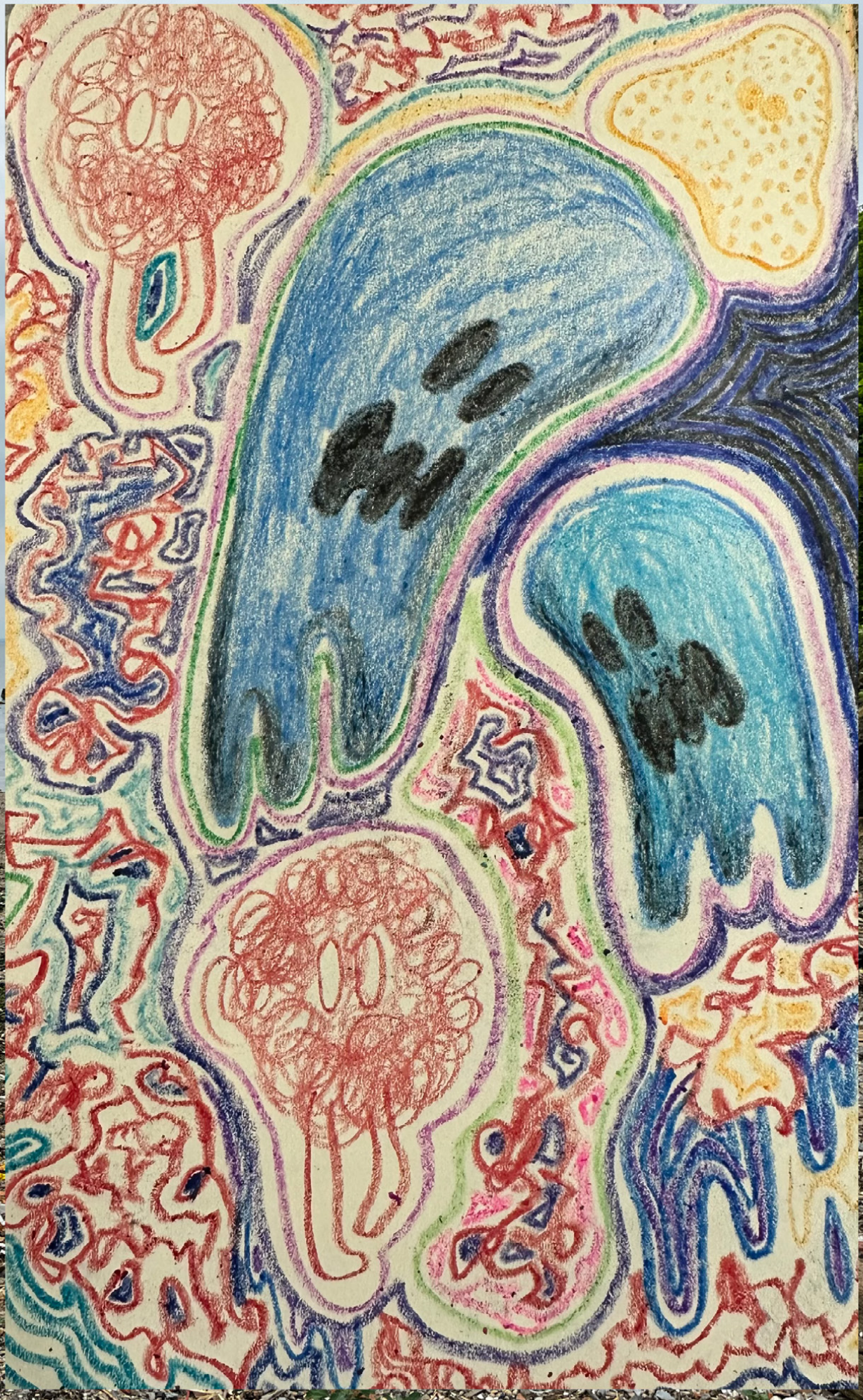
*P.P.S. I'M actually writting out everything I typed without proof reading because I'm lazy. I hope it makes sense

---

TILL DEATH DO US PART <3

-EMMA EP

CONTRIBUTERS
EMMA EP
AMAYA
GOTHIC FOOL
GABBY AMATULLI
CAIARTZ
LUKE THE DUKE
GABRIEL
PHIL H
MIKAILA MCCLINTON THIBAULT
DANI
MALINALLI GUERRO-CRUZ
MAGGIE
MEGAN CIARLEGLIO



Mental Health Monsters Take Over

Gabriel

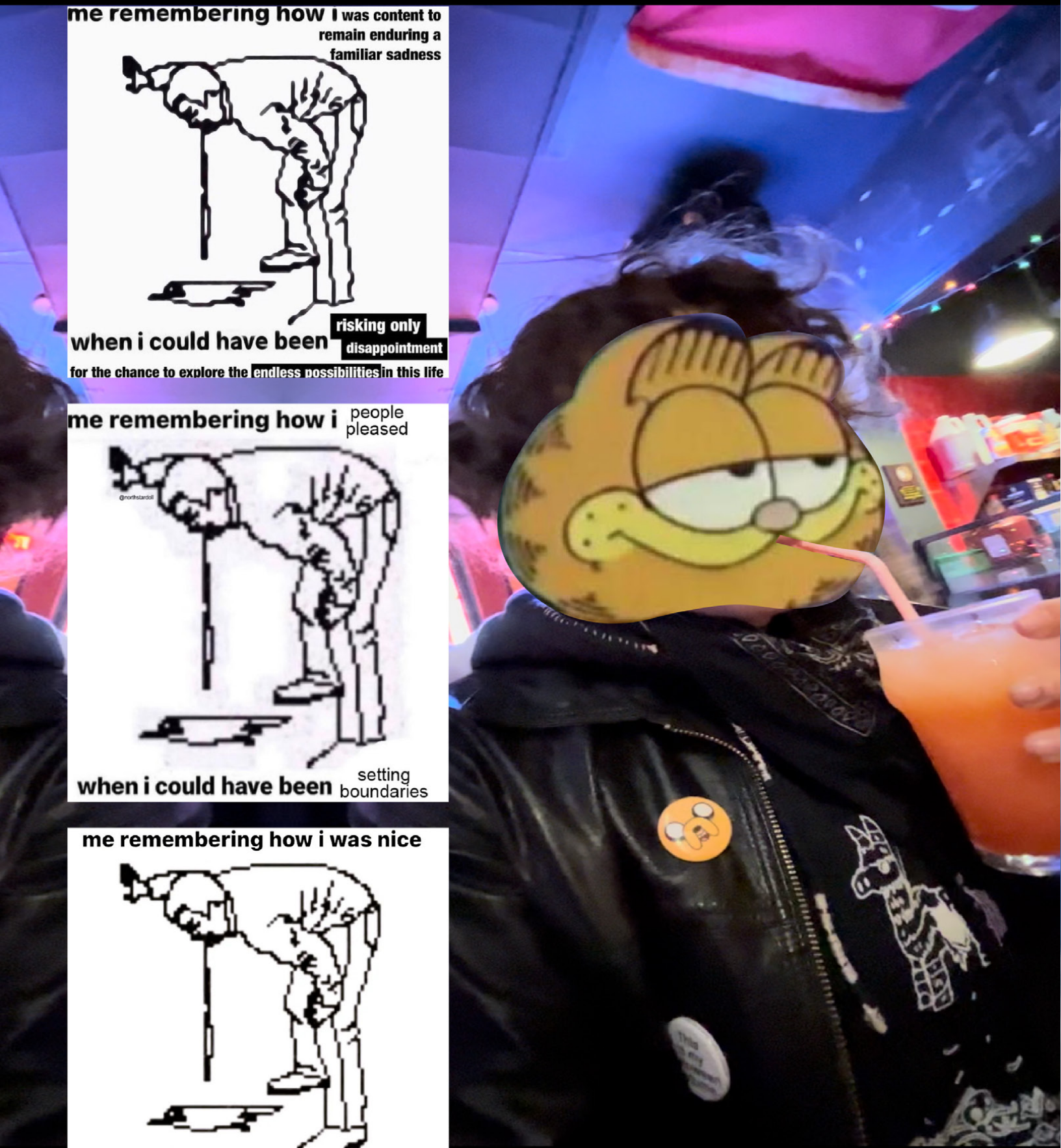
Go ahead and block me
I have blueprints to an advanced underground tunnel system that leads to your home

i have two moods
wtf is wrong with me
wtf is wrong with everyone

I'm not sorry for leaving you on read
I'm sorry for opening your message in the first place

and u dont seem to understand

MEMES BY GOTHIC FOOL


me remembering how i was content to remain enduring a familiar sadness
when i could have been risking only disappointment
for the chance to explore the endless possibilities in this life
me remembering how i people pleased
@northstardoll
when i could have been setting boundaries
me remembering how i was nice
when i should have said who the fuck do u think you're talking to

MI AMOR
(KIKI IN SNOOPY STYLE)

DANI

Drips

Gabriel

emma ep

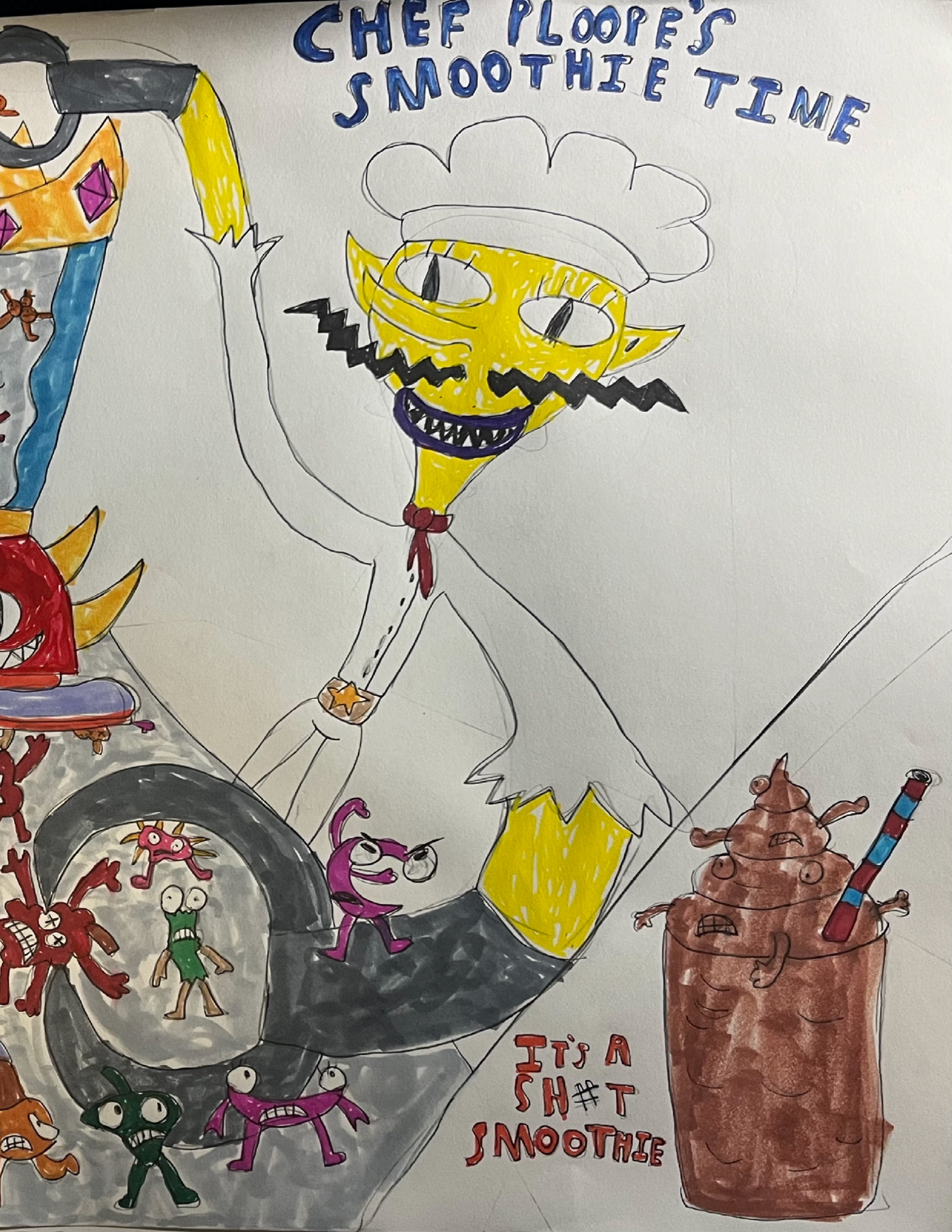
i <3 my best friends

flip phone in
da club fo today

RECIPE

- 7 Bruhberries
- 2 Bromatoes
- 8 Blahears
- 7 Kahonas
- 80 Frubples
- .52 Viliouits
- -4 Tfileto
- 1/ Ooops
- 2ors [illegible]

LUKE THE DUKE

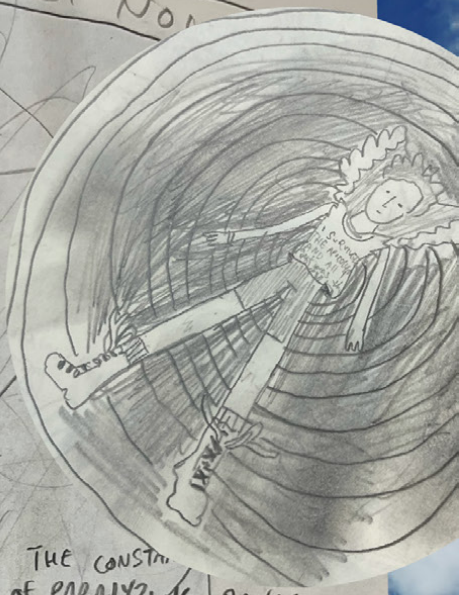

CHEF PLOOPE'S
SMOOTHIE TIME
IT'S A
SH#T
SMOOTHIE

CURRENT STATE AND PLACE OF MIND: SO IF IM 100%. HONEST WITH YOU GUYS I STARTED THERAPY A COUPLE MONTHS BACK BECAUSE NOT ONLY IVE BEEN PUSHING IT OFF FOR OVER 10 YEARS. I THOUGHT TO MYSELF IF I CAN FIX MY MENTAL HEALTH BY MYSELF I CAN ACCOMPLISH ANYTHING. AFTER MY SENIOR YEAR OF COLLEGE I PROVED MYSELF WRONG BY MY MENTAL HEALTH RAPIDLY DECLINING TO THE POINT OF IT AFFECTING MY PEERS & THEIR CONCERN FOR MY HEALTH & SAFETY. I CAN PROUDLY SAY I AM MUCH BETTER AND STILL IN THE HEALING PROCESS.

I AM NOT REAL

EMMA EP

STANDING AT THE END OF NO



THE CONSTA OF PARALYZING PANIC THAT BEGS THE QUESTION WHY DO ANYTHING AT ALL? WE ARE BORN TO DIE & HUMANITY BRINGS ENDLESS SUFFERING ONE WAY OR ANOTHER. NO AMOUNT OF RUNNING CAN ESCAPE THE CONSEQUENSSES OF TIME. ALL I CAN DO IS STARE AT THE SUN, SMILE, PRETEND, & SLEEP.

TRIGGER WARNING

FOR THE NEXT SPREAD

*trigger warning

Letter From The Artist

We've made it through mental health May boy do I feel like the mental health monsters really decided that was their cue to play their games and cause all hell to break loose in the mindscape. Hopefully y'all are holding your shit together and doing ok.

May also happens to have marked a year since the large majority of us here at Clown Soup Mag graduated from college, that's a real mind fuck. I didn't picture myself making it through freshman year let alone to graduation and then an entire year in the adult world. Here we are though, we did it!

I decided this month to stop holding back in my art, stop worrying about how others will receive my art and instead make to just make because at the end of the day making is my way of coping and if I'm not making the things I genuinely want to and the things that will help then why bother. Since making that decision I feel like I can't stop making art and I feel like I have a momentum that I lost after finishing my senior project. That being said these works are a lot darker than my typical art because they're a lot more raw and real, there is no filter it's just what I need to draw in that moment without a pressure to share.

I heavily debated whether or not I wanted to share the animation concepts. Are they too dark? Will I upset people? Will those who personally know me get worried? I've never shared something so brutally honest about where I am mentally. These drawings depict one of my more common intrusive thoughts. I often catch myself thinking "What would happen if I just took a knife and cut off my chest? Would I die? If I do then I'd at least have a few moments with a flat chest. Would I get help in time, would I finally get my flat chest, what would it look like healed?" it sounds horrible and so gruesome to write out those thoughts, it makes me sick to my stomach thinking about sharing this because I don't want people to know but I feel like it's time because I know I'm not alone in feeling like this. Our mental health May edition is going to come out in the beginning of pride month and with trans rights coming into question in recent times I feel like this is a brutally honest view on the matter that needs to be shared. Because the laws some states are passing are going to cost people their life. I'm grateful that while my family isn't accepting when I'm struggling with thoughts like this I can still look to the future and think about the day I get to start testosterone the day I get to start planning my top surgery, people in some states can't do that anymore and that glimmer of hope being gone is going to push so many people over the edge. This feels like a dystopia, it's 2023 and we are taking away people's rights, rights we had to fight to get to begin with. What happened to moving forward? It feels like all we're doing is regressing at this point.

I'm excited to see what happens with this animation, but there's only 3 concepts so far you may say. Well that's because the rest of the concepts are still rattling around inside my brain. I have no idea where this animation is going to take us or what this process is going to look like. All I do know is I'm hopeful and that there'll be more concepts and frames in future editions of Clown Soup Mag.

They're depictions of how my gender dysphoria affects me on a daily basis, the intrusive thoughts are intense sometimes and often look like me catching myself wondering what would happen if I were to just take matters into my own hands and cut off my chest on my own. Would I just bleed out and die? Or would I be able to get medical help and finally get closer to being in a body that might hopefully feel like one I belong in? It sounds horrible and gruesome writing it but this is the reality, this is why it baffles me that access to gender affirming healthcare is so hard and expensive to get in general but then also that the right to have access to that kind of healthcare is being called into question in some states. And this is all for what? Because people in power need to feel like they have control over something… just anything it feels like we're a toy mouse being bounced around by a cat.

F THE BINARY

CAIARTZ

PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
PRIDE
Mikaila McClinton-Thibault

cool af
#aesthetic
hahaha
Insanity Can Keep You Sane
such wow
mlg no scope 420
The current state of my depression desk
very artist
emma ep
TAO TE CHING
ACRYLIC
AMSTERDAM
Flash

ANIMATION CONCEPT 1

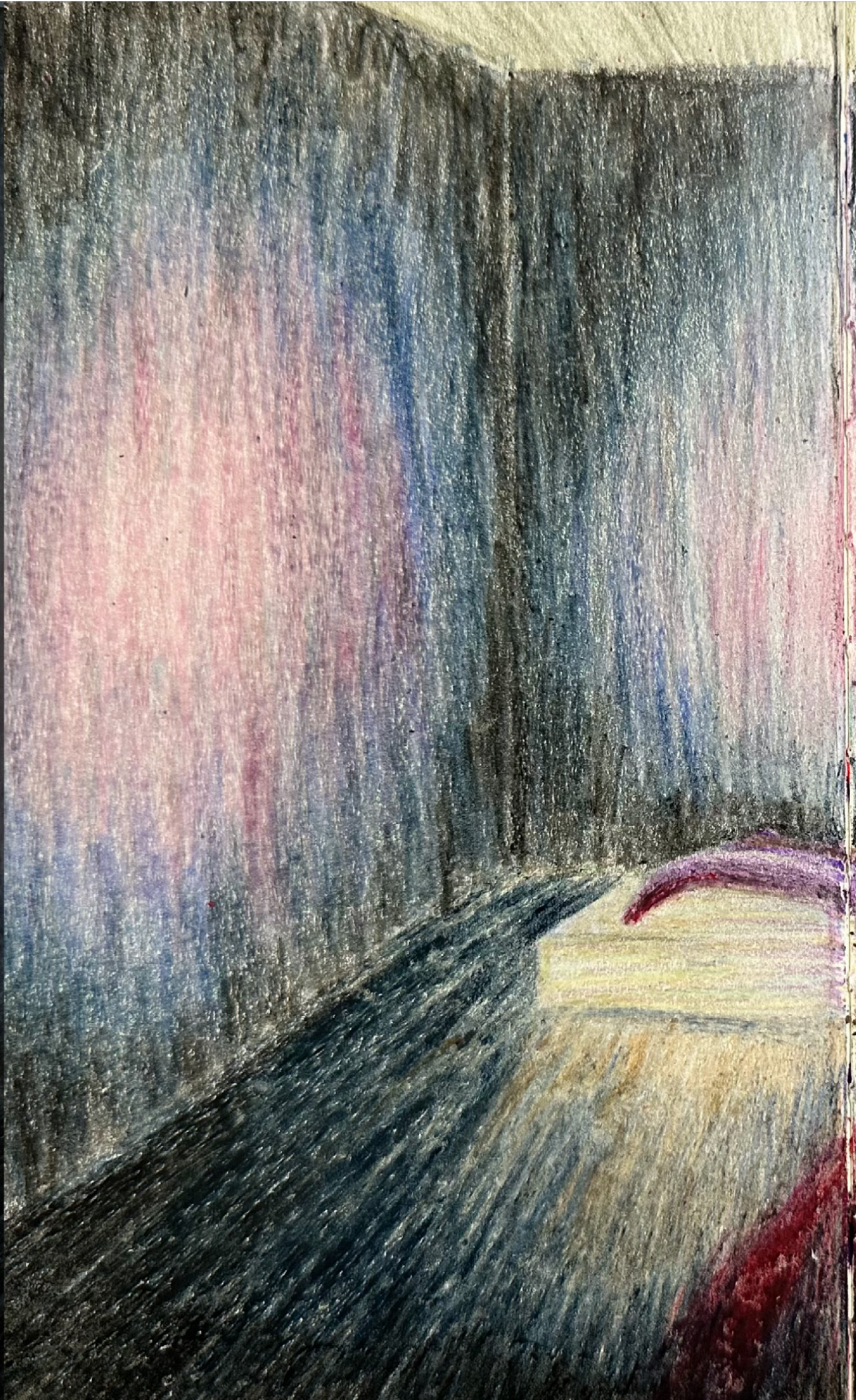
GABRIEL

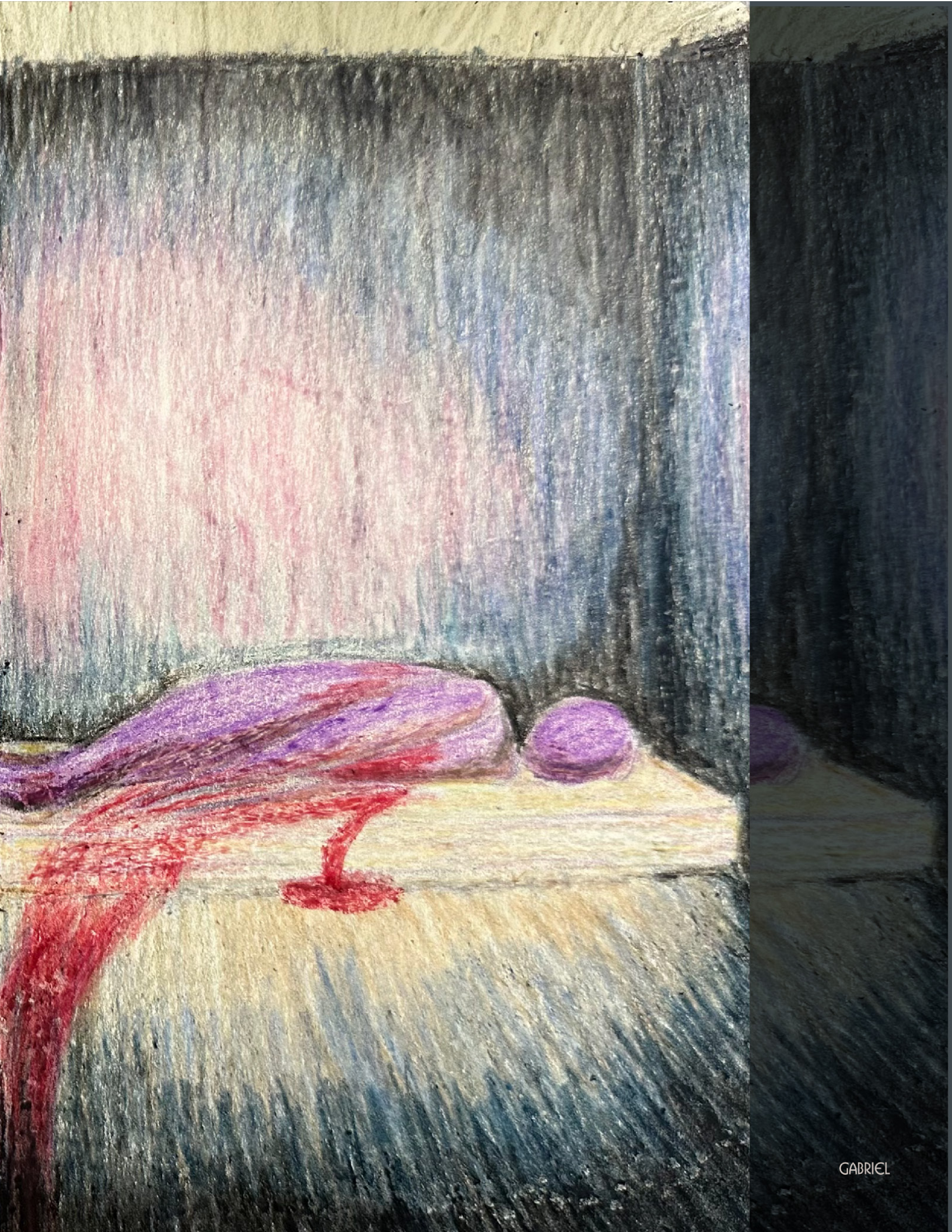
ANIMATION CONCEPT 2

GABRIEL

CAIARTZ

ANIMATION CONCEPT 3




GABRIEL

THE RECIPIE TO THAT ONE 2022 CULTURE SHOCK DRINK

THANK YOU BARISTA LEAH!

PHOTO TAKEN BY GOTHIC FOOL

(CULTURE SHOCK IS SUNY PURCHASE'S VERSION OF COACHELLA)

Resippies

Baja-aja Blast :-)

- 4oz Stolen tequila
- top w/ watered down Taco Bell Baja Blast

"The One that Made Me Black Out"

- ½ empty can smirnoff smash (peach mango)
- undetermined amount of vodka
- top with Ginger Ale <3

"Self Medicating Sludge"

- 2.5-3 scoops Pre-workout sports drink
- water

1. put powder in glass
2. use just enough water to hydrate powder
3. CHUG!!! :(

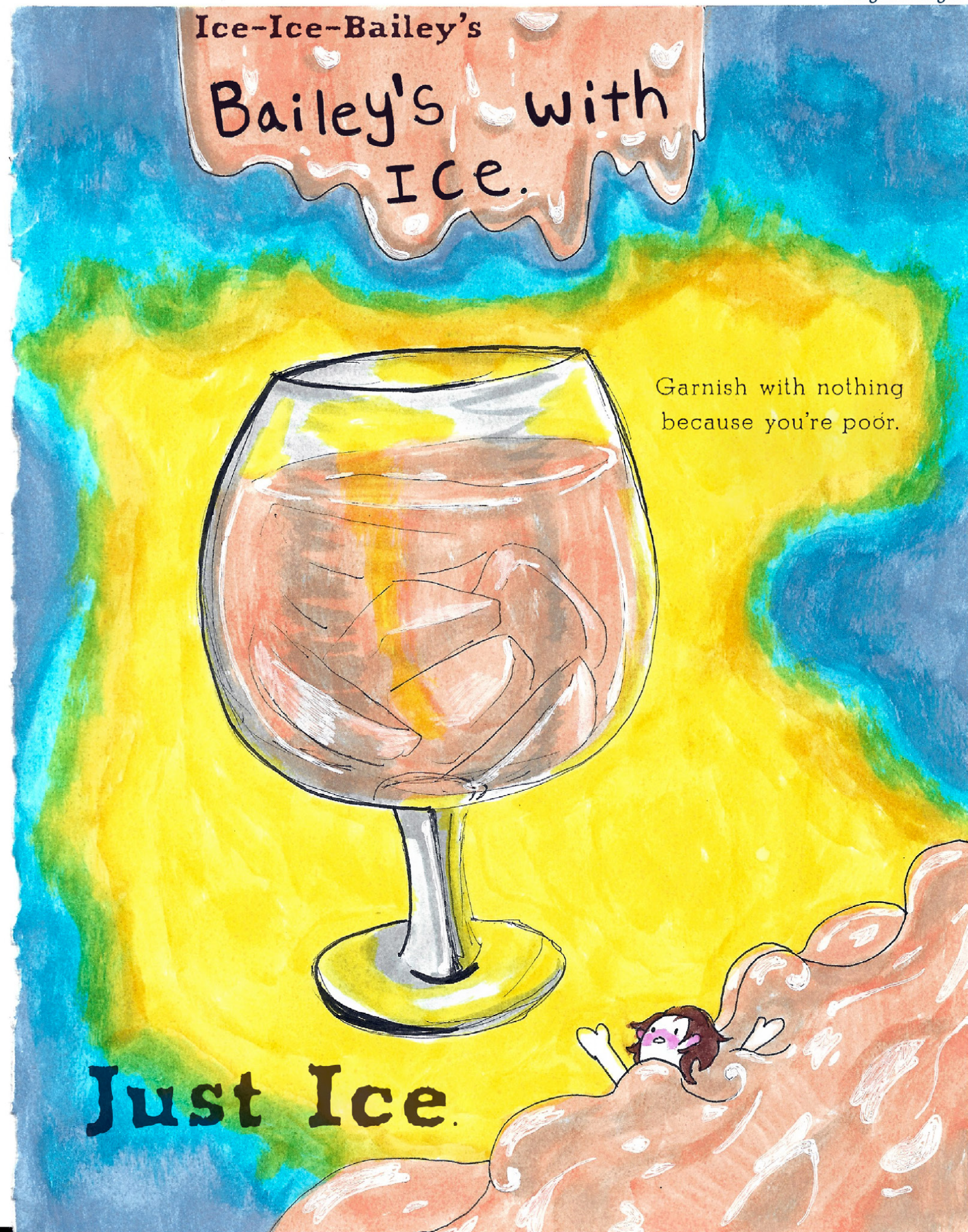
Smoovie :-)

- Frozen Strawberry
- Frozen Peach
- Frozen Mango
- tea (oolong preffered)
- lemon/lime juice
- ice

1. Blend frozen ingredients with small amounts of tea until good consistency
2. add ice + rest of liquid ingredients...
3. blend again tee hee
4. sip!

Nothing is Something

Malinali Guerro-Cruz


Ice-Ice-Bailey's
Bailey's with Ice.
Garnish with nothing because you're poor.
Just Ice.

5-30-23 notes.txt 5/31/2023 12:40 AM

week of the 23rd appointment post note... 5/31/2023 12:40 AM

notes to ask therapist.txt 5/1/2

victoria notes.txt

why are you seeking counsling.txt 5/7/2023 12:40 PM

3-24-23 psych consult notes.txt 3/26/2023

some bull shit.txt 4/2/2023 9:46 AM

Your Re

inital answer to why seeking counseling q...

silly goo

haha youre so funny dude ^_^ please go see

GOTHIC FOOL

week of the 23rd appointment prior note... 5/31/2023 12:40 AM

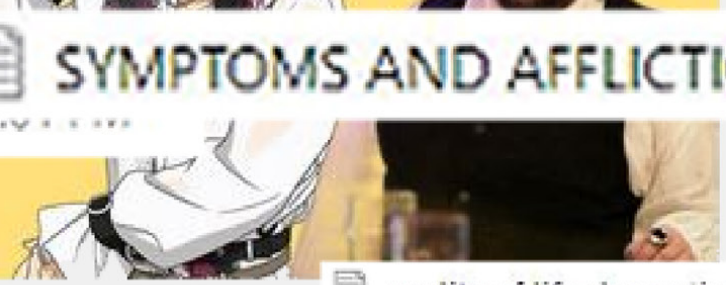
max may appointment.txt 5/31/2023 12:41 AM

2023 9:28 PM

askjfhdksjf.txt 5/1/2023 9:28 PM

5/1/2023 9:28 PM

AGONIES OF MAY 7TH SUNDAY.txt 5/7/2023 5:44 PM



SYMPTOMS AND AFFLICTIONS.txt 4/3/2023 2:41 PM

quality of life domestic shit realized in m... 4/30/2023 5:44 PM

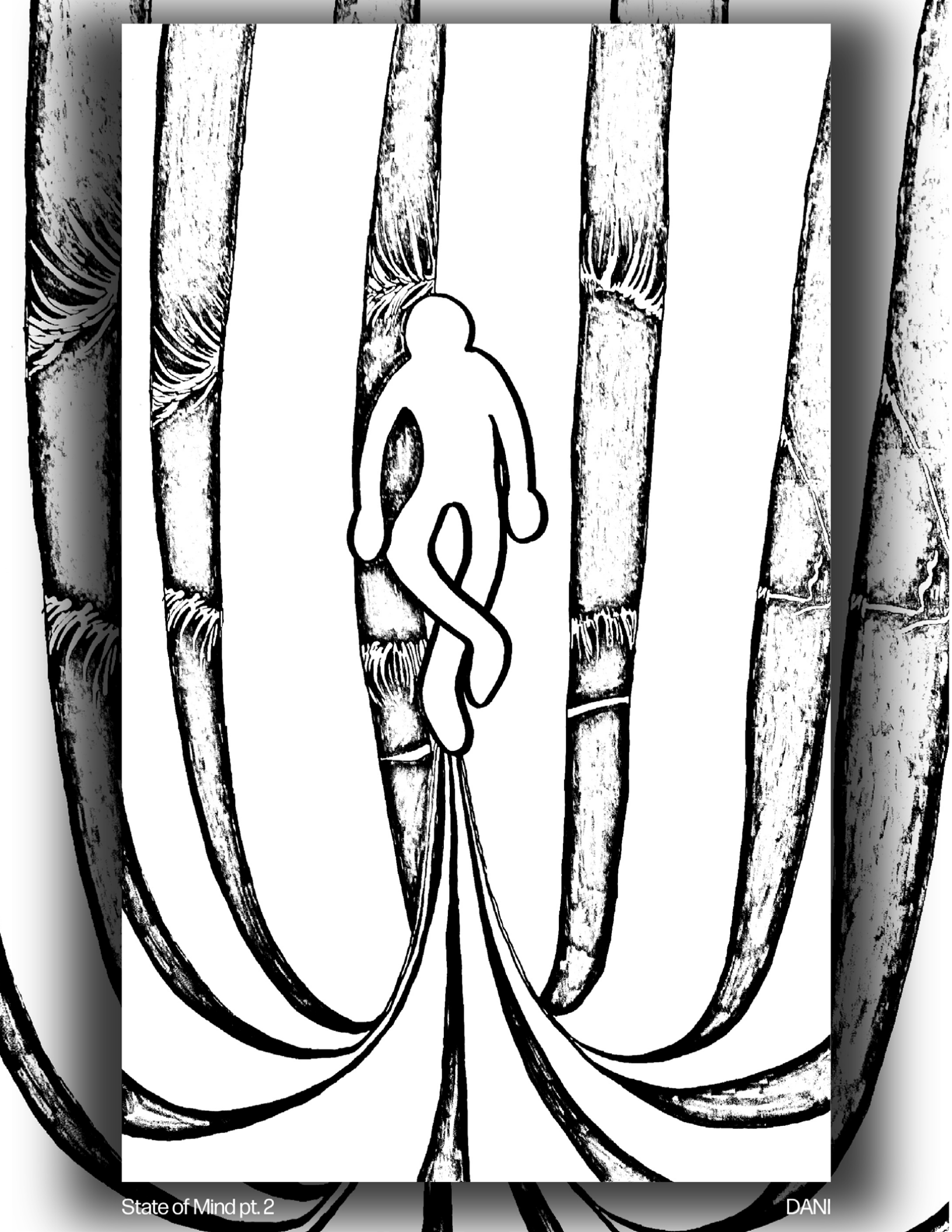
esult:

5/7/2023 12:41 PM

some bull shit 2.txt 4/2/2023 9:46 AM

ofy guy

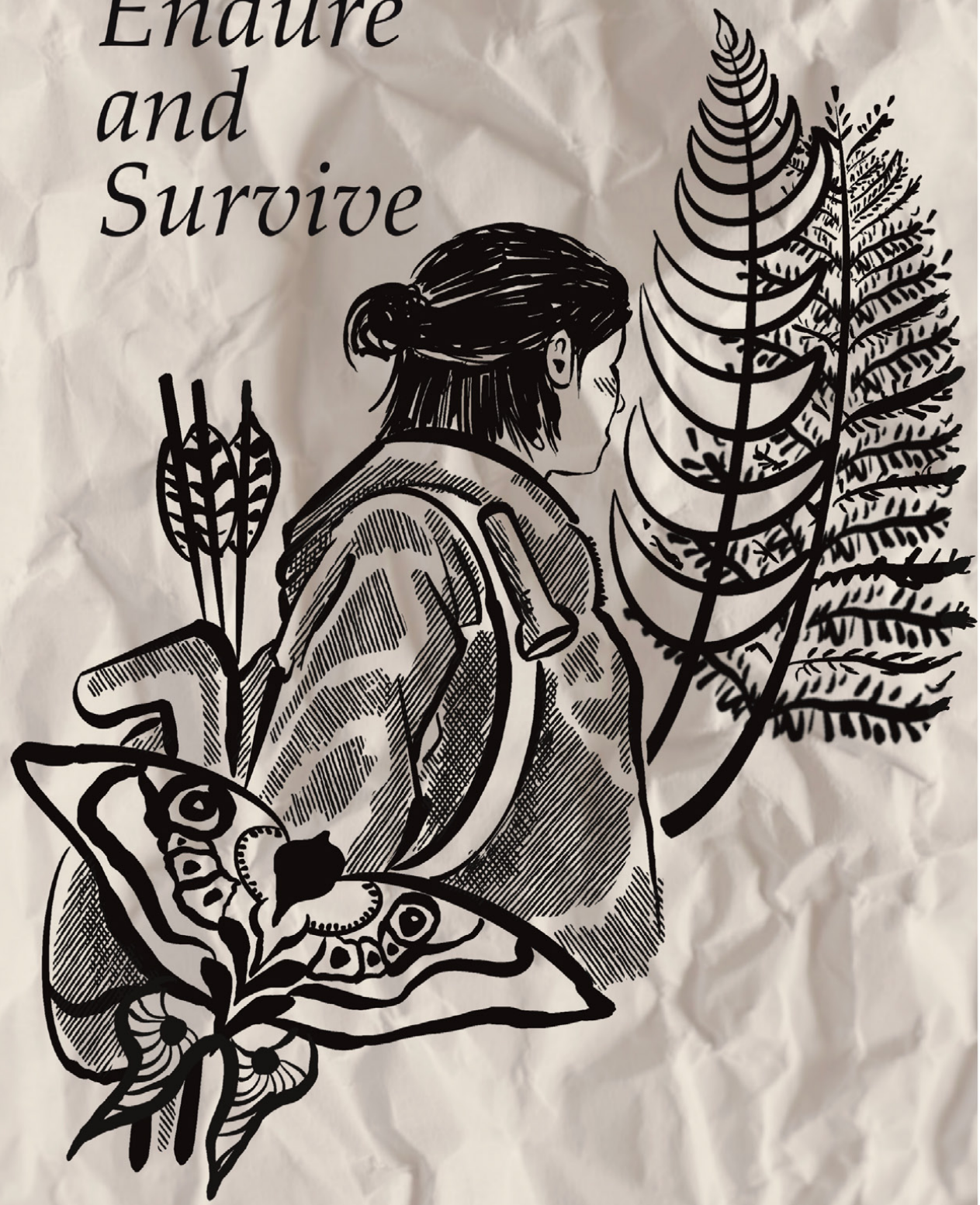
e a therapist. or like talk to a friend. please



State of Mind pt. 2

DANI

Endure and Survive



ENDURE
AND
SURVIVE
GABBY AMATULLI

RAGE

GABBY AMATULLI

dani

10:38

91

Notes

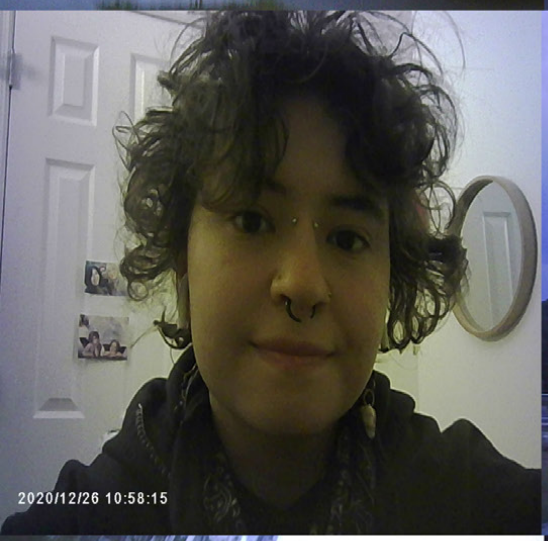
May 28, 2023 at 10:38 PM

STRETCH YOUR BODY. DRINK WATER. BREATHE. CLOSE YOUR EYES. EVERYTHING IS OKAY. THINGS WILL WORK ITSELF OUT IN THE END. TOMORROW IS A NEW DAY. YOU ARE NOT YOUR THOUGHTS. YOU DESERVE LIFE and LOVE AND THE BEST.

2020/01/01 20:56:40

2020/01/01 20:56:38

2020/12/26 12:45:14


2020/12/26 10:58:15

EXIT 6
Cropsey Ave
Coney Is
1 mi
EXIT 5
Bay Pkwy
2020/01/01 20:50:34

RIGHT LANE
MUST
TURN RIGHT
2020/01/01 20:53:01

2020/01/01 20:54:28

2020/01/01 20:54:23

2020/01/01 20:51:09

2020/01/01 20:53:03

2020/01/01 20:56:01

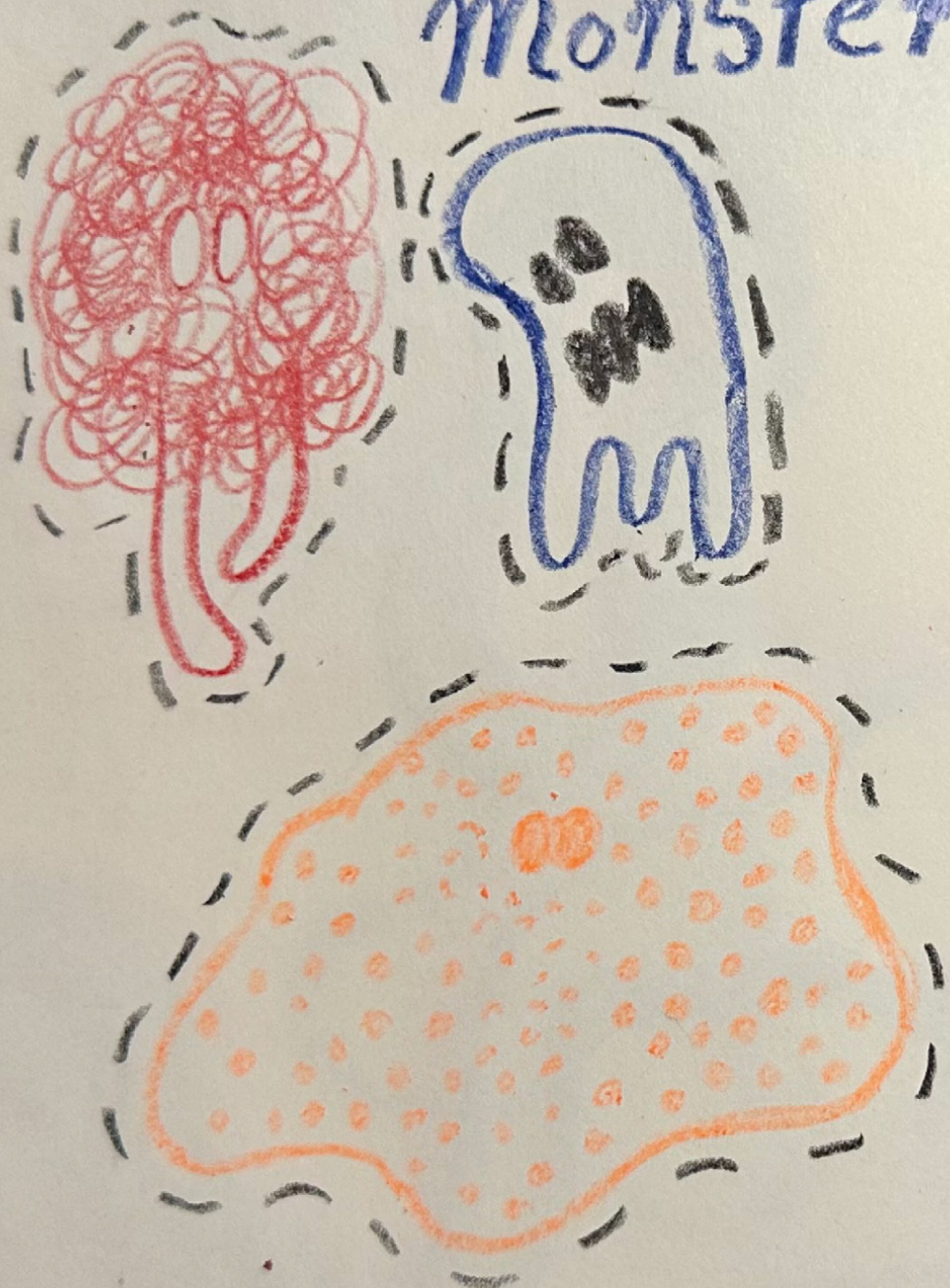
EXIT 6
Cropsey Ave
Coney Is
1 mi
EXIT 5
Bay Pkwy
2020/01/01 20:50:37
MY NEW
CAMERA

EMMA EP

HOW MAY 18TH OF 2023 FELT

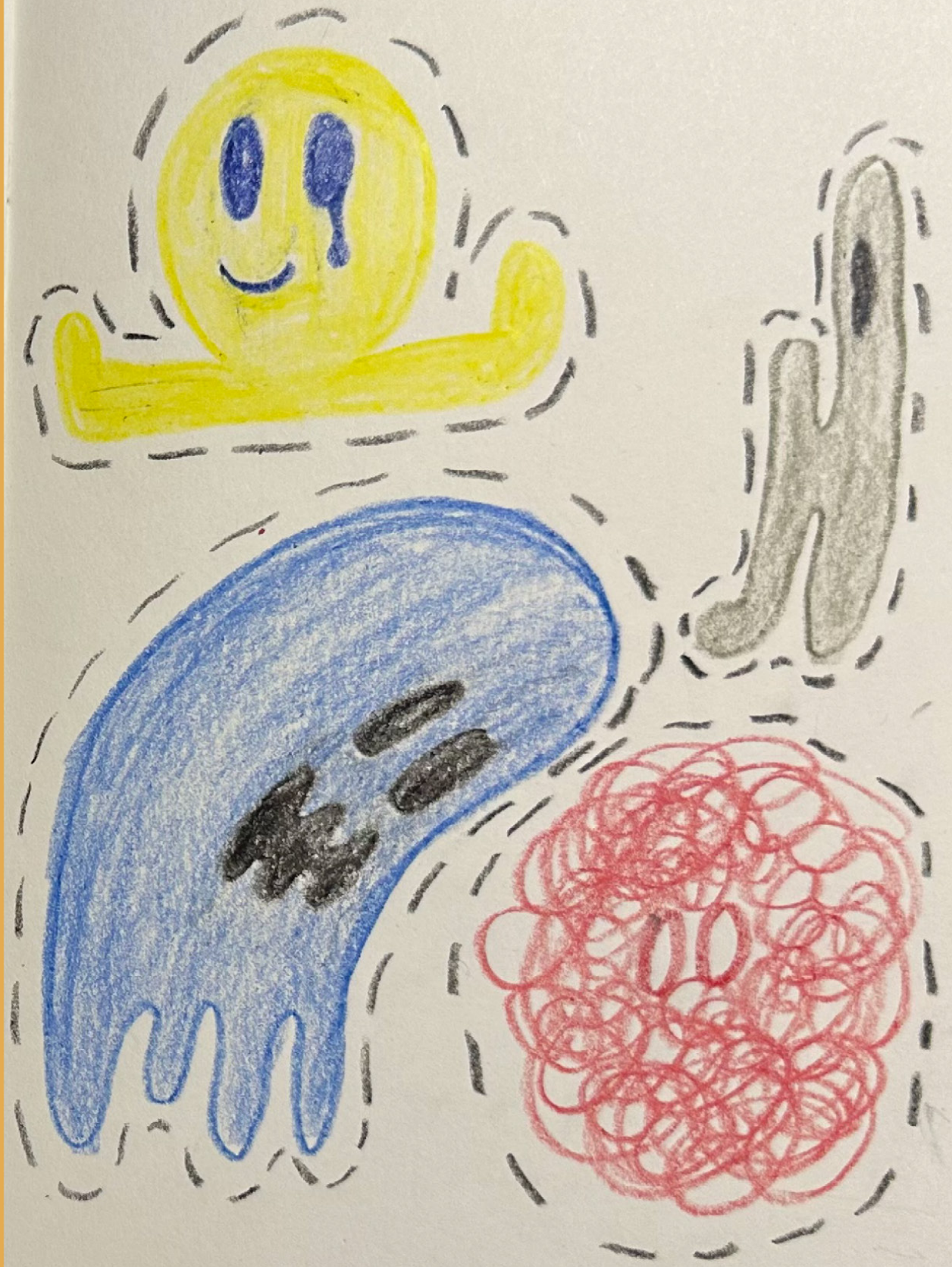
started: ?
finished: 5/22/23
DANI

Mental Health Monster



Gabriel

cut and paste



unfinished summary of in greater detail the exact type of violence i would like to commit <3

GOTHIC FOOL

Malinali Guerro-Cruz

Seltzer Swelter

Ingredients

- 1 Can Lime Seltzer (alcoholic or non-alch)

- Lemonade (eyeball it)

-Strawberries (sliced)

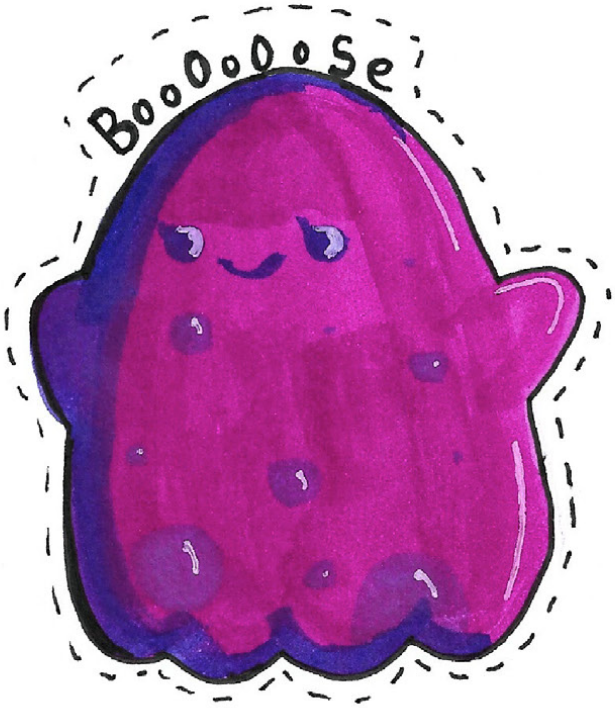
- Rasberries (Handful)

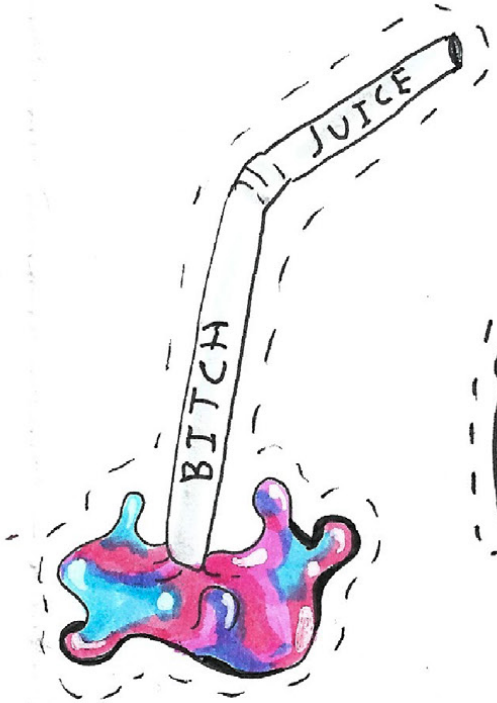
-Mini-Cucumber (Sliced)

- 2 Slices of lemon

Add Fruits and cucumber into a mason jar,
Pour in seltzer and lemonade,
Toss in your lemon slices and a few Icecubes
(feel free to add some Mint or Basil)
Viola! You've made a Seltzer Swelter

Dubious Concoctions





Megan Ciarleglio

WATER
DISCLAIMER: THIS WAS PHOTO
NOT TAKEN AT MY JOB
I am normal and I can
be trusted with
alcohol
Emma EP

GOTHIC FOOL

EMMA EVANGELISTA
PESUN OWNED THIS
locker & owned
STUDIO 19 & graduat
ES IN 6 days(ITS
currently 4:23pm 5/1
2022)IF I DIE plea
come to my funeral
if you own this locker
But if I dont die...
uh IDK. Honestly I
thought Id die befo
-re I come to colleg
I Hope to Become
successful with art
and one day get cured
OF(IDK Im going to
therapy after I grad-
uate, Im NOT gonna lie
this school gave me
trauma, ptsd & I devel
-oped a lot of Bad
habits I might just get
Sent away to a psych
ward)(I couldnt get
Sent away to a psych
ward this year becau
-se of senior project
& I dont want to
pay for another semes-
-ter which is fucked
up)MY advice is
if you really want
it, you will do what
it takes & sacrifice
wisely(clearly I was
not wise sacrificing
my mental health)
But your love for
making & art will
show if you play
your cards right,
guess. Btw Im REALLY
BAD at writting so
Sorry if this is too much
Just be authentic &
to you then enhance it
AND You should
make art a lifestyle
& learn to Live in
Its because thats
When making becomes
living & living becomes
making. IF you would
be honest with your
yourself, Who will be
honest for you?

Even tho I had the
option to not go to
school or & my anxiety
wanted to stay no. I
wanted the challenge &
made it

Accomplishments:
- 4.02 GPA
- INTERDISCIPLINARY
Award(I was kinda crap
FAILURES: out as queer
- Ruined relationships
- Lack of sleep
caused me to
Break down
- My family is
falling apart
- WASTED A LOT OF
MONEY
- Ruined my health
- Didnt take chances
BC anxiety
- COVID/2020 made me
change for the worst

AVOID A VOID

ITS NOT WORTH
IT IF YOUR HEALTH
& LIFE IS ON THE
LINE, UNLESS you
CAN ACURATELY
JUSTIFY WHY ITS
WORTH IT.

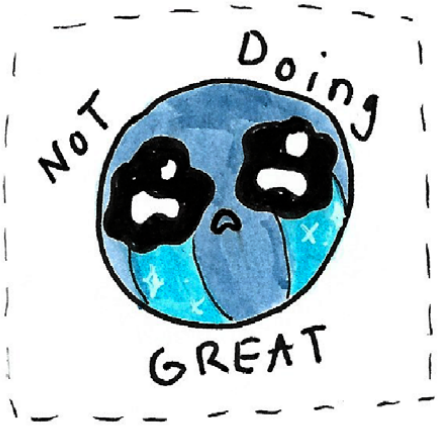
→ I KEPT
FUCKING UP
THE SENTENCE

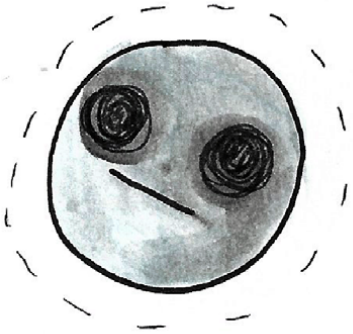
CLASS OF
2022

My ig & site
IF I dont change
it after graduation:
@evangelaart
emmaep.com

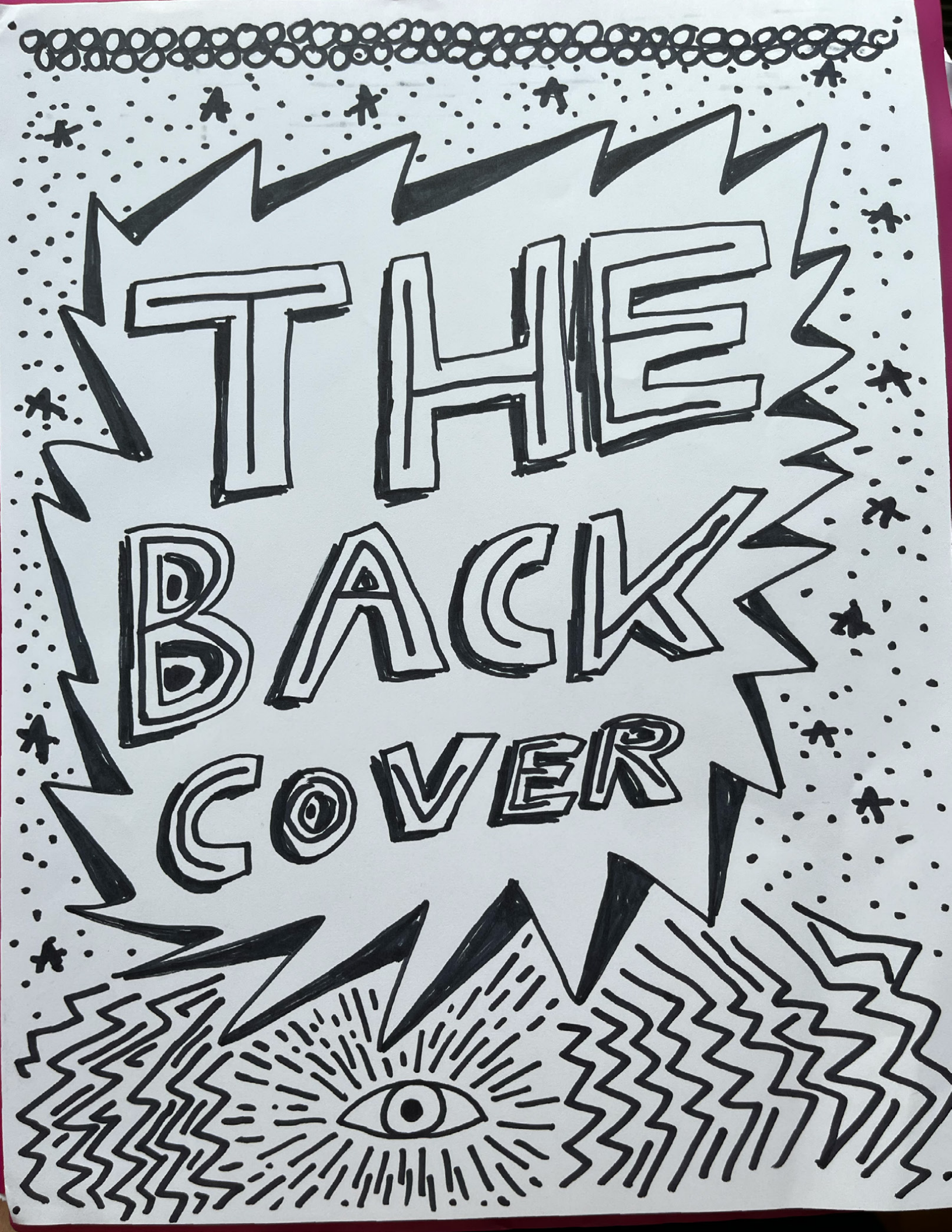
Keep your friends
close & your enemies
closer. Then what
does that mean IF
I am My Biggest
enemy + critic?

Also the teachers at
here are BS. They
only care if ur a
good student & the
more you kill ur-
self over your art
& their assignments
the more praise u
get & thats why
the favoritism hap-
pens. ART isnt good
grades, its about
dedication & Being
genuine & Realistic.





Megan Ciarleglio


THE
BACK
COVER